

REDWOOD CITY 2020

A healthy community partnership

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Redwood City 2020 Tuesday Tidbits

Inside this edition: Community Youth Development Initiative, Safe Routes to School, Youth Advisory Board (YAB) and Redwood City Together



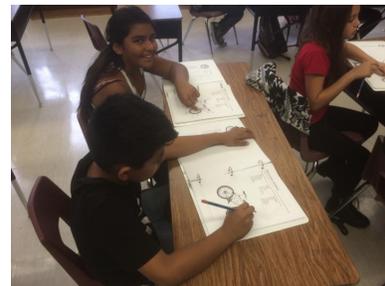
Professional youth development trainings available

The youth of Redwood City and North Fair Oaks are important partners and crucial to the success and energy of Redwood City 2020's collective impact. Our community has long upheld a high standard of youth development practice through our [Community Youth Development Initiative](#). This year, the collaborative is partnering with Reba Rose from [Stand Tall Leadership](#) and Al Gonzales from [Learnistic](#) to offer youth development practitioners trainings and coaching hours on

topics such as growth mindset, facilitative leadership, diversity, and educational equity. To find out all the details and get signed up, please see [our flyer](#).

MIT students learn bicycle safety

Walking and biking to school is a great way for young people to build healthy habits. Redwood City 2020's [Safe Routes to School initiative](#) supports the delivery of educational workshops and bike rodeos to some of our community's most vulnerable pedestrians and bicyclists. In March, sixth grade students from McKinley Institute of Technology's ThinkTogether after school program received a healthy dose of bicycle and pedestrian education to increase their knowledge about safely walking and biking to school. Similar educational workshops and bike rodeos will be offered to third through sixth grade students in at least five other Redwood City after school sites by the end of the 2015-2016 school year.



Youth Advisory Board informs leaders

Redwood City 2020 partners with and supports the [Sequoia Teen Resource Center \(STRC\)](#), located at Sequoia High School and the STRC's Youth Advisory Board (YAB), which is run by StarVista. In order to learn more about current school climate and student experiences, YAB students and their adult allies conduct an annual Needs Assessment Survey. This fall, after receiving training in research methodology, critical

analysis, and public speaking, YAB youth partners surveyed over 1,400 of their peers on issues related to mental health, alcohol and other drugs, and access to and use of holistic resources on campus. YAB members then completed an analysis of the survey results and implications and presented their findings to Sequoia High School administrators and Redwood City 2020's Leadership Council. The empowered poise of the presenters impressed all those who attended, and the results will add support to a holistic understanding of student needs and perspective at Sequoia High School moving forward.

Missed a previous edition? Find it on our [Resources page](#).

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