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Redwood City 2020 Tuesday Tidbits

Inside this edition:
Helmet Fittings and AOD All County Training

Bicycle Helmet Fittings and Giveaways

Helmets are critical to children riding bicycles safely. Yet, many young people in Redwood City do not have access to this important safety device. Hence, the Redwood City 2020 Safe Routes to School program, in partnership with Safe Kids and Lucile Packard Children's Hospital, provided 300 Redwood City School District students with helmets last month at a variety of school-based events. Community school students at Taft, Garfield, Hoover, Hawes, and Fair Oaks who did not have a helmet at home were fitted with brand new ones and provided bright, fluorescent stickers to decorate and personalize their helmets. During the distributions, Safe Routes to School staff spoke with parents and young people about the importance of wearing helmets.



AOD All County Training



Last Tuesday, Redwood City 2020's Alcohol and Other Drugs (AOD) Prevention Partnership Coordinator, Gregg Zaire, in collaboration with the San Mateo County Community Health Promotion Unit's Prevention Training Academy, conducted an All County training presentation titled *A Dysfunction Not Peculiar to Our Time:*

Housing & The Social Determinants of Health. The presentation offered a national as well as local context for understanding housing as a predictor of our health; it assessed the residential composition of our community and investigated the idea that our zip codes more than our genetic codes are what determine our health.

The AOD Prevention Partnership is a Redwood City 2020 initiative that strives to

reduce youth's access to alcohol and other drugs, increase assets and resilience, and support positive relationships between youth and adults.

Missed a previous edition? Find it on our [Resources page](#).

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