

# REDWOOD CITY 2020

A healthy community partnership

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## Redwood City 2020 Tuesday Tidbits

Inside this edition: Safe Routes to School Pedestrian Education  
and Welcoming our New Shinnyo Fellow

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### Safe Routes to School Pedestrian Education and Spinach Smoothies at Fair Oaks Community School



This past July students in the summer REACH program at Fair Oaks Community School engaged in pedestrian safety education with the Redwood City 2020 Safe Routes to School program. In partnership with the UC Cooperative Extension, the Safe Routes team had a chance to talk with dozens of students and take them on a trip around the outside of their school to learn what makes a street safe, how to stay safe while crossing a street or walking on the sidewalk, and even generated ideas on how to improve the streets around their school. The Safe Routes team used lessons from the K-5 Safe Routes to School educators guide, which provides age appropriate classroom lessons for students to increase their knowledge about safe walking and biking.

Additionally, on the last day of class students were able to use the Safe Routes to School bike blender to make strawberry, banana, and spinach smoothies. Students had been growing their own spinach in the garden during the summer and, after using their own pedal power, were able to finally taste the spinach and learn how nutritious (and delicious) it can be.

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### Redwood City 2020 Welcomes New Shinnyo Fellow



Redwood City 2020 is delighted to welcome our new 2017-18 Shinnyo Fellow: Julia Vazquez! Supported by Shinnyo-en Foundation, Shinnyo Fellows from leading universities across the country bring alive the Foundation's Infinite Paths to Peace Initiative on their campuses and in community organizations as they immerse themselves in local, national, and global communities. During her fellowship, Julia will be developing her individual student leadership and reflective

skills, and introducing and implementing the Foundation's philosophy of peacebuilding through service in the Redwood City and North Fair Oaks community. Julia recently graduated from Stanford University with a B.A. in Human Biology with a concentration in the Sociocultural Determinants of Child Health and Development and a minor in Spanish. Throughout college, Julia pursued her interest in understanding the influences that shape a child's life trajectory through academic research and community involvement. She was a research assistant at Stanford's Language Learning Lab where she wrote a thesis on the influence of caregiver support on children's early cognitive development and volunteered as a Spanish medical interpreter at Arbor Free Clinic. Julia's work has also focused on supporting the immigrant and Latino communities on and off campus. As a member of Hermanas de Stanford, she helped organize events and discussions among the different campus groups on Latinidad and Latinas in society. She also volunteered as a Spanish interpreter for Stanford's Immigrants' Rights Clinic. Julia looks forward to working with Redwood City 2020 and the John W. Gardner Center to support both community and research initiatives that foster positive environments for children and their families and we are thrilled to have her on board!

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Missed a previous edition? Find it on our [Resources page](#).

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